

State Profile - Massachusetts

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, [click here](#).

In **Massachusetts**, 330 substance abuse treatment facilities responded to the 2004 N-SSATS, reporting that there were 35,998 clients in substance abuse treatment on March 31, 2004. The survey response rate in **Massachusetts** was 97%.

Facility Ownership/Operation

	Facilities		Clients in Treatment on March 31, 2004			
	No.	%	All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	255	77%	21,339	59%	1,319	69%
Private for-profit	58	18%	12,156	34%	561	29%
Local government	6	2%	963	3%	6	<1%
State government	5	2%	266	1%	35	2%
Federal government	6	2%	1,274	4%	—	—
Dept. of Veterans Affairs	5	1%	1,266	4%	—	—
Dept. of Defense	1	1%	8	<1%	—	—
Indian Health Service	—	—	—	—	—	—
Other	—	—	—	—	—	—
Tribal government	—	—	—	—	—	—
Total	330	100%	35,998	100%	1,921	100%

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2004			
	No.	%	All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	172	52%	19,321	54%	569	30%
Mental health services	30	9%	2,168	6%	169	9%
Mix of mental health & substance abuse treatment services	113	34%	13,874	39%	1,148	61%
General health care	8	2%	322	1%	10	1%
Other/unknown	7	2%	313	1%	9	1%
Total	330	100%	35,998	100%	1,921	100%

Substance Abuse Problem Treated

	Facilities ¹		Clients in Treatment on March 31, 2004			
	No.	%	Clients		Clients per 100,000 Pop. Aged 18 and Over	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	298	97%	17,580	50%	354	
Clients with drug abuse only	245	80%	12,229	34%	255	
Clients with alcohol abuse only	243	79%	5,868	16%	118	
Total²	308		35,677	100%	727	

¹ Facilities may be included in more than one category.

² Excludes 22 facilities that were not asked or did not respond to this question.

Type of Care

			Clients in Treatment on March 31, 2004				
			All Clients			Clients Under Age 18	
			Facilities ¹		Median No. of Clients Per Facility		
	No.	%	No.	%		No.	%
Outpatient	220	67%	31,866	89%	75	1,763	92%
Regular outpatient	194	59%	19,958	55%	50		
Intensive outpatient	55	17%	797	2%	10		
Day treatment/partial hospitalization	45	14%	582	2%	5		
Detoxification	45	14%	829	2%	8		
Methadone	32	10%	9,718	27%	310		
Residential	122	37%	3,158	9%	20	140	7%
Short term	27	8%	477	1%	15		
Long term	100	30%	2,342	7%	20		
Detoxification	18	6%	339	1%	23		
Hospital Inpatient	46	14%	974	13%	15	18	1%
Rehabilitation	36	11%	274	1%	5		
Detoxification	39	12%	700	2%	12		
Total	330		35,998	100%	40	1,921	100%

¹ Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	6	12%
Detoxification only	15	29%
Both maintenance and detoxification	30	59%
Total	51	100%
Clients in Facilities with OTPs	10,991	
Methadone	10,978	
Buprenorphine	13	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	290	88%
Private health insurance	213	65%
Medicare	175	53%
Medicaid	215	65%
Other State-financed health insurance	133	40%
Federal military insurance	108	33%
No payment accepted	20	6%
Other type of payment	41	12%
Sliding fee scale	208	63%
Treatment at no charge for clients who cannot pay	226	69%

Facility Capacity and Utilization Rate

	Residential	Hospital Inpatient
No. of facilities ¹	113	30
No. of clients	2,762	814
Designated beds	2,961	680
Utilization rate	93%	120%
Designated beds per facility (average)	26	23

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	311	94%
State substance abuse agency	252	76%
State mental health department	93	28%
State public health department/board of health	260	79%
Hospital licensing authority	42	13%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	99	30%
CARF (Rehabilitation Accreditation Commission)	53	16%
NCQA (National Committee for Quality Assurance)	13	4%
COA (Council for Accreditation for Children and Family Services)	16	4%
Other State/Local Agency/Organization	18	6%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	207	63%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	238	72%

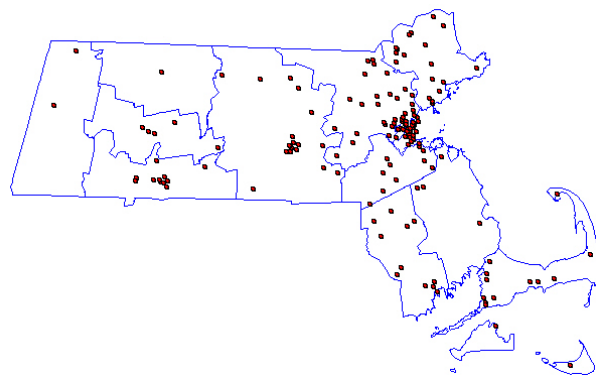
Programs for Special Groups

	Facilities	
	No.	%
Any program or group	248	75%
Adolescents	63	19%
Co-occurring disorders	133	40%
Criminal justice clients	71	22%
Persons with HIV or AIDS	71	22%
Gays and lesbians	26	8%
Seniors or older adults	29	9%
Women	119	36%
Pregnant or postpartum women	44	13%
Men	91	28%
DUI/DWI offenders	71	22%
Other groups	31	9%

Types of Services Offered

	Facilities	
	No.	%
Assessment Services	308	93%
Comprehensive substance abuse assessment or diagnosis	302	92%
Comprehensive mental health assessment or diagnosis	162	49%
Substance Abuse Therapy and Counseling	328	99%
Family counseling	231	70%
Group therapy	280	85%
Individual therapy	305	92%
Relapse prevention	271	82%
Aftercare counseling	241	73%
Pharmacotherapies	82	25%
Antabuse	64	19%
Naltrexone	57	17%
Buprenorphine	32	10%
Methadone	62	19%
Testing	259	78%
Breathalyzer or blood alcohol testing	162	49%
Drug/alcohol urine screening	237	72%
Screening for Hepatitis B	95	29%
Screening for Hepatitis C	87	26%
HIV testing	113	34%
STD testing	93	28%
TB screening	110	33%
Transitional Services	282	85%
Assistance with obtaining social services	231	70%
Discharge planning	261	79%
Employment counseling or training	109	33%
Assistance in locating housing	165	50%
Other Services	269	90%
Case management services	228	69%
Child care	20	6%
Domestic violence	113	34%
HIV or AIDS education, counseling, or support	248	75%
Outcome follow-up after discharge	169	51%
Transportation assistance to treatment	117	35%
Acupuncture	15	5%
Residential beds for clients' children	19	6%

Location of Treatment Facilities



Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:

<http://findtreatment.samhsa.gov>

Services for the Hearing Impaired or in Languages Other than English

	Facilities	
	No.	%
Hearing impaired/sign language	109	33%
Any language other than English	209	63%
Staff counselor	102	49%
On-call interpreter	55	26%
Both staff counselor and on-call interpreter	52	25%
Spanish	142	43%
American Indian/Alaska Native languages	1	<1%
Other	75	23%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2004. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.oas.samhsa.gov/dasis.htm#Reports>

Access the latest N-SSATS public use files at:
<http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml>

Other substance abuse reports are available at:
<http://www.oas.samhsa.gov>



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www.oas.samhsa.gov